



# TIPS FOR A SUCCESSFUL TELEHEALTH VISIT

Follow these guidelines for a more focused and productive conversation with your doctor.

- 1 Test your Internet, microphone, and speakers in advance
- 2 Frame the camera correctly and have appropriate lighting
- 3 Set up in a private, quiet location without background noise
- 4 Give yourself time to set up and login a few minutes early
- 5 Turn off other apps and notifications